

Final Program

The congress will have a hybrid format, so each face-to-face room corresponds to a zoom link:

Auditorium - <https://videoconf-colibri.zoom.us/j/96812584982>

Room 3A - <https://videoconf-colibri.zoom.us/j/91847487108>

Room 3B - <https://videoconf-colibri.zoom.us/j/98174621847>

Room 3C - <https://videoconf-colibri.zoom.us/j/95420731118>

Room 3E - <https://videoconf-colibri.zoom.us/j/91786419693>

Thus, presentations can be made in person or online. Presentations indicated with a “P” mean that they will be done in person, while those indicated with an “O” mean that they will be done online.

July 18th

17.30-18.30

Gambelas Library:

Casual Meeting and opening of the exhibition “Stress approach by Visual Arts” (P)

July 19th

8.30-18.00

Registration (near auditorium)

9.00-9.20

Auditorium:

Opening Ceremony (P)

9.20-10.00

Auditorium:

STAR Presidential Address: Nataša Jokić-Begić (P)

“Does Dr. Google know better than my physician? – cyberchondria as a new anxiety phenomenon”

10.00-11.30

Auditorium:

Symposium "Dealing with the Challenges of the Modern World in an Educational Context" (E. Frydenberg)

Communications:

Developing Resilience through Children's Connection with Nature (J. Ching, & E. Frydenberg) (P)

Responding to Environmental Challenges in the Early Years (B. Watt, & E. Frydenberg) (O)

Skilling Children for Everyday Life: COPE-Resilience in Taiwan (M. Y. WU, & E. Frydenberg) (P)

Social Emotional Learning: Building Resilience and Resourcefulness in Life for Children and Adults alike (J-H. Hwang, & M.Y. WU) (O)

Room 3A:

Free communications (Spanish)

Positive youth development and resilience in a sample of Spanish emerging adults (D. Gomez-Baya, A. J. Grasmeijer, E. Lopez-Bermudez, & R. Mendonza-Berjano) (P)

Predictive model of family accommodation in mothers of Mexican adolescents with emotional problems (L. Montalvo-Ocampo, B. E. Barcelata-Eguiarte) (P)

Stress, repetitive thinking, and mental health in university students (C. Inostroza, L. González, & C. Bustos) (P)

Analysis of the conceptual structure of the relationship between disability and perceived stress (P. M. Almeida) (P)

Socio-educational characteristics of stress in university students (P. M. Almeida, & C. Nunes) (P)

Relationship between aggression, daily stress and coping in children from 3 to 6 years of age (M. T. M. Rodríguez, & E. R. Godínez) (O)

Room 3C:

Free communications

Social inequalities in depressive symptoms of children with cancer and their parents (J.Roick, C. Heckel, & M. Richter) (P)

Relations between coping strategies and quality of life of children with cancer and their parents (C. Heckel, J.Roick, & M. Richter) (P)

Dropout Intentions of Soldiers in Mixed-Gender Combat Battalions: A Longitudinal Analysis During Basic and Advanced Combat Training (A. Reizer, U. Ben-Shalom, M. Kolowsky, Y. Kanat-Maymon, & V. Svetlitzky) (P)

Mental health difficulties among psychologists - How vulnerable are we? (M. Šoštarić, & N. Jokić-Begić) (P)

Perception of life events in adolescents before and during confinement by COVID-19 (E. L. y Gómez-Maqueo, C. D. Patiño, & E. R. Godínez) (P)

The contribution of mindfulness long term training on personal and professional coping for teachers living in a conflict zone (T. L. Hirsch) (P)

11.30-12.00

Coffee-Break (near auditorium)

12.00-13.30

Auditorium:

Symposium "Mixed-methods stress audits in high-pressure environments" (L. Moore)

Communications:

Examining the Occupational Stress Experienced by Ambulance Staff: A Mixed-Methods Stress Audit (Z. Anchors, L. Moore, R. Arnold, H. Nicholson, N. Walsh, & S. Voss) (P)

A mixed-methods stress audit among midwives in the United Kingdom (L. Moore, R. Arnold, S. Burnard, C. Bessington, A. Moreton, & Z. Anchors) (P)

"I don't have time to cuddle a dog!" A Mixed-Methods Occupational Stress-Audit in the UK Police Force (R. Arnold, H. Bainbridge, S. Gotham-Pardo, & L. Moore) (P)

A mixed-methods human thriving audit of Mercedes AMG High-Performance Powertrains (HPP) (T. Hughes, R. Arnold, D. McEwan, & L. Moore) (P)

Room 3E:

Free communications

Well-Being and Resilience at Work During the COVID-19 Pandemic among Researchers Within the Mental Health Field In Croatia: A Four Wave Longitudinal study (M. T. Vujcic, & I. Maurovic) (P)

Integrative Self Development Education for University Student Wellbeing (M. Das) (O)

Self-compassion and psychological wellbeing in construction apprentices (T. Tairi, & G. Caldwell) (P)

The association between daily routines and affective disorders amid and after COVID-19: A systematic review and meta-analysis (T. J. Tao, J. C. H. Ma, A. Y. T. Lau, E. T. F. Yeung, H. Liu, S. E. Hobfoll, & W. K. Hou) (P)

The Meaningfulness of Life: Where can we find it? (S. Kreitler) (P)

Resilience of families with complex needs whose children manifest behavioural and emotional problems: Oximoron or possibility? (I. Maurović, A. Miroslavljević, L. Liebenberg, & G. R. G.) (P)

Room 3A:

Free communications (Portuguese)

Work-Family Conflict and Relationship Satisfaction During Covid-19: The Role of Dyadic Coping (M. L. Sentieiro, L. C. Ferreira, & M. P. Miranda) (O)

Resilience and Subjective Well-Being in Helping Professionals: The protective role of Hope in Burnout (A. C. Piedade, M. H. Martings, L. S. Vieira, & J. V. Santos) (P)

Burden, quality of life, coping and resilience – contributions to studies of families with children with cerebral palsy (I. Silva, & M. H. Martins) (P)

Adaptation and Validation of the Resilience Scale for Children (C. Rosa, A. Viana, M. F. Embaló, & M. H. Martins) (P)

Adaptation and validation of the Child and Youth Resilience Measure for the Portuguese culture (C. Valentim, & M. H. Martins) (P)

Effectiveness of a Muscle Relaxation Intervention in Distressed Patients with a Chronic Diabetic Foot Ulcer: A Longitudinal Study (M. G. Pereira, M. Vilaça, S. Pedras, A. Carvalho, K. Vedhara, M. J. Dantas, & S. Faria) (P)

Room 3C:

Free communications

Training for Healthcare Professionals from a Contextual Behavioral Approach for the management of suicidal risk (P. Arenas-Landgrave, & M. Rodríguez-Galicia) (P)

The role of depression in the link between self-disclosure and relationship quality in military couples: A dyadic approach (L. L. Pickman, R. Dekel, & D. Horesh) (O)

Mixed-couples: Should I Stay or Should I Go? The effects of acculturation on psychological health and well-being and life satisfaction in non-Jewish, English-speaking partners of Jewish-Israelis living in Israel (N. Thomacos) (P)

A Ride in an Autonomous car: A Journey Experience (R. Lavi, A. Reizer, T. Hirsh, S. Shoval, & O. Musicant) (P)

Circadian rhythm and sleep disruptions as predictors of prenatal stress and depression symptoms (M. Sobol, A. Blachnio, M. Meisner, & M. Sobol) (P)

13.30-14.30

Lunch

14.30-15.30

Auditorium:

Keynote Speaker 1: Margarida Gaspar de Matos

“Flexible preparedness: Showcasing action in Portuguese schools targeting pupils and teachers’ anxiety, after the pandemic”

15.30-17.00

Auditorium:

Symposium “Translating Stress and Coping Research to Help People to Deal with Stress in Diverse Populations” (E. Frydenberg)

Communications:

Translating and Developing a Coping-Based Social Emotional Learning Program for Young Children in Asia: Lessons from the Culturally-Adapted COPE-Resilience Program Implementation in Taiwan (M. Yi-Hsuan, & E. Frydenberg) (P)

Translating Stress and Coping Research to Help People to Deal with Stress in Diverse Populations: Older adults and adults with dementia (L. Jones) (P)

Resilience promotion among youth without family to lean on (M. Israelashvili, & S. Mozes) (P)

Coping in Good Times and Bad: Developing Fortitude (E. Frydenberg) (P)

Room 3E:**Free communications**

Attachment styles and reactions of Ukrainian citizens to war trauma (A. Senejko, E. Gurba, T. Franc, P. Oles, & K. Gurba) (P)

Blast Injury: Losing a Mother to Intimate Partner Femicide (S. Pitcho, M. Mahat-Shamir) (O)

Enhancing PTG in a PTSD intervention for couples: Client and therapist successes and challenges (R. Dekel, & Y. Shoval) (O)

A Theoretical Perspective on Burdening Factors and Resources to Prevent Secondary Traumatization among Animal Activists (L. Käufer, & A. D. Schwanzer) (P)

Linking minority stress to substance abuse in LGB adults: The mediating effect of sexual harassment (L. Oren, & Y. Aviad) (P)

Sisu and perceived equality modulate well-being in workplace (P. Henttonen, & I. Määttänen) (P)

Room 3A:**Free communications (Portuguese)**

A Mindfulness-Based Intervention for Perfectionism: A Pilot Study (J. Antunes, C. Carmo, & M. Brás) (P)

Where do I look first? The time course of attentional bias in behavioral inhibited children (C. C. Fernandes, A. T. Martins, & L. Faisca) (P)

Is cognitive behavioural therapy effective in Anxiety Disorders when there is comorbidity with Autism Spectrum Disorders? (F. B. Maia, & V. M. Miranda) (O)

Sentimento de comunidade, temperamento e participação comunitária em idosos institucionalizados [Sense of community, temperament and community participation in institutionalized elderly] (A. R. C. Messias, & M. C. Faria) (O)

Resiliência e Empoderamento para um Envelhecimento Saudável [Resilience and Empowerment for Healthy Aging] (M. C. Faria) (O)

A perspetiva dos jovens sobre cidades amigas da idade [The perspective of young people on age-friendly cities] (S. Lozano, & M. C. Faria) (O)

Coping Strategies and Quality of life in Adults with asthma: implications for clinical practice (P. S. Carvalho, R. Ferreira, & C. Silva) (O)

Room 3C:**Free communications**

Eye gaze behavior during a face-to-face conversation: effects of anxiety, conversational role and partner gaze direction? (J. Chen, E. van den Bos, & M. Westenberg) (P)

COVID-19 Anxiety, Parenting and Child Emotion Regulation: A cross-cultural study with Brazilian and Portuguese parents (M. T. Pires, & S. Mourão) (P)

When the times get tough the toughs get funny: Means by which humor buffers against death anxiety emerged during the COVID-19 outbreak (M. Mahat, & M. Kagan) (O)

Germans' psychological responses to refugees: Differentiating patterns of threat perceptions, attitudes, intergroup emotions, and their antecedents (S. Schubert, U. Kluge, & T. Ringeisen) (P)

Specific Learning Disorders and Parental Anxiety of Childs' Learning (E. S. Grossman) (P)

User experiences of an online intervention for PTSD in Arabic (K. Ellis, L. Graff, & N. Hosny) (P)

17.00-18.30

Auditorium:

Symposium "Multiple aspects of combat service: Between resilience and vulnerability" (M. Weinberg & S. Shorer)

Communications:

Resilience, emotional processing and post-traumatic stress in Israeli veterans who participated in Nature-Assisted group intervention (S. Shorer, L. Cohen, D. Marom, M. Cohen, & M. Weinberg) (P)

The relationship between demographic characteristics, social support, PTSD, and male-depression following military service (M. Weinberg, S. Shorer, L. Cohen, D. Marom, & M. Cohen) (P)

Forever Warriors? A qualitative study of combat service's impact over veteran's identity (O. Cohen, S. Shorer, N. Hacoheh, & J. Guez) (P)

Peer Support Following Combat Exposure and Its Contribution to Recovery: Creating A Language That Not Everyone Understands (R. Dekel & M. Goldberg) (O)

Room 3B:

Posters presentations (P)

What factors explain anger and mental health during the COVID-19 pandemic? The case of Israeli society (O. Braun-Lewensohn; S. Abu-Kaf, & T. Kalagy);

Coping Profile Differences on High-School and Collegiate Academic Achievement: A Person-centered Approach (C. A. Helpspen)

Harmful sisu mediates the relationship between stress and the tendency to drop out of studies among university students (P. Henttonen, & I. Määttä)

The Brief COPE: Measurement invariance and psychometric properties among community and at-risk Portuguese parents (C. Nunes, J. Pérez-Padilla, C. Martins, P. Pechorro, L. Ayala-Nunes, & L. I. Ferreira);

The Moderating Role of Subjective Nearness to Death in The Relationship Between Posttraumatic Stress Symptoms and Future Time Perspective Among Middle-life and Old Adults (L. Ring, & Y. Palgi);

Action crisis and personal goals in post-trauma rehabilitation process – a pilot study (N. Sabolová, M. Hricová, A. Anna Mierzyńska, K. Piotrowicz, E. Eisenstein, & L. Bacharova);

Mindfulness: intervention program for people with alcohol dependence (R. Costa, N. Rosa, & R. Lopes);

COVID-19 Lockdown: Experience, Perception, and Coping (B. Shapira-Youngster, School of Education, S. Amram-Vaknin, & Y. Lipshits-Braziler);

Psychological Functioning During the COVID-19 Lockdowns: A Three-Wave Longitudinal Study (Y. Lipshits-Braziler, S. Amram-Vaknin, & M. Tatar);

Self-acceptance as a preventive resource in German social work students living with their parents (A. D. Schwanzer, R. G. Lambert, & A. Ullrich);

Living with Stigma and Discrimination during COVID-19 pandemic: The association with contamination/quarantine, stress, anxiety, and cognitive-emotional regulation strategies (M. J. Soares, A. P. Amaral, S. Bos, A. T. Pereira, J. Azevedo, A. I. Araújo, D. Pereira, N. Madeira, & A. Macedo);

Fear of SARS-CoV-2 Infection and its Association with Anxiety Symptoms in Portuguese University Students: The mediation role of Stress and Sleep Difficulties (M. J. Soares; J. Azevedo, A. T. Pereira, S. Bosz, A. P. Amaral, D. Pereira, A. I. Araújo, & A. Macedo);

Factors fostering resilience and post-traumatic growth during the Covid-19 pandemic: A systematic review (T. Sayed);

Understanding the Role of the Coach-Athlete Relationship in Promoting Thriving in Gymnastics: An Autoethnography (L. J. Cleave, D. J. Brown, F. Cavallerio, & C. R. D. Wagstaff);

Child's well-being and mother's life satisfaction: Examining the role of mother's social support in a two-wave multi-source study (M. T. Vujčić; A. B. Žganec; M. Džida) (P)

Room 3E:

Symposium "The multifinality of childhood maltreatment in adulthood" (O. Zamir)

Communications:

The Effects of Childhood Maltreatment on Socio-Emotional Development and Adult Parenting: A Protective Function for Social Network Size (O. Szepsenwol, O. Zamir, & J. Simpson) (P)

Observed Marital Communication as a Mechanism by which a History of Childhood Maltreatment Hinders the Marital Satisfaction of Both Partners (O. Zamir) (P)

The Mediating Role of Self-Compassion Between Childhood Maltreatment and Satisfaction with Intimate Relationships (D. Lassri) (O)

A Double Burden – Childhood Maltreatment and Mental Illness as Risk Factors for Increased Body-Mass-Index (I. Schalinski, T. Jozefiak, N. Stenzel, S. Breinlinger, M. H. Teicher, & B. Rockstroh) (P)

When the body echoes the trauma" – Sense of body boundaries among cm survivors (A. Talmon) (P)

Room 3A:

Free communications

Relationship between adverse childhood experiences, currently available resources and life satisfaction of professional helpers (I. Maurović, V. Križanić, & M. Tadić) (P)

Training medics for stress resilience (J. A. K. Erskine, L. Perkins, & G. Georgiou) (P)

Community Resilience in the Face of Wildfires: A Portuguese Adaptation of The Index of Perceived Community Resilience (V. Ferreira, L. Sotero, & A. P. Relvas) (P)

Posttraumatic growth after the earthquake: the role of resilience (J. Zadro, L. Batinić, & J. Bošnjaković) (P)

The good, the bad, the lonely: How the interaction between the positive and negative effects of supportive relationships influence both loneliness and psychological distress (N. Thomacos) (P)

18.30

Welcome reception

July 20th

8.30-18.00

Registration (near auditorium)

9.00-10.30

Auditorium:

Symposium: "Aging in the Shadow of COVID-19 Stress: Psychiatric Trauma Symptoms, Sleep Disturbances, Accelerated Psychological and Epigenetic Aging are Respectively Mitigated by Less loneliness, Resilience, Positive Aging Stereotypes and Mindfulness" (Y. Hoffman)

Communications:

Posttraumatic Reactions Among Older Adults During the COVID-19 Pandemic (L. Greenblatt-Kimron, M. Ben-Ezra, M. Shacham, Y. Hamama-Raz, & Y. Palgi) (P)

The Link Between COVID-19 Loneliness and Impaired Sleep in Older Adults was Moderated by COVID-19 Stress levels and Resilience (E. S. Grossman, Y. Hoffman, & A. Shrira) (P)

Ecological Assessment of Daily COVID-19 Stress and Subjective Views of Aging among Older Adults (A. Shrira, Y. Palgi, & S. D. Neupert) (P)

The Long-Term Connection between Trait-like Mindfulness and Psychological Age-related Losses is Mediated by Perceived COVID-19-related Fluctuations in Subjective-age (G. Bigon, Y. Hoffman, & E. Bodner) (P)

The Effect of High COVID-19 Stress on Biological Aging is Buffered by Mindfulness (Y. Hoffman, E. Eyal, A. Shrira, S. Cohen-Fridel, G. Yadid, A. Zivotofsky, & M. Szyff) (P)

Room 3E:

Free communications

The role of positive interpretations and positive rumination on predicting resilience: a longitudinal study (I. Blanco, A. Moya, & A. Sanchez-Lopez) (P)

Self-compassion, well-being and relationship satisfaction among married couples in ultra-orthodox Israeli society (A. Reizer, & B. Biton) (P)

Distress and mental well-being among young people exposed to an ongoing threat throughout their life: Risk factors and resilience resources (A. Sold, T. Rafaeli, S. Shapira, & L. Aharonson-Daniel) (P)

Work-related coping behaviour and experience patterns in prospective teachers across European countries (I. Mašková) (P)

Executive and resilient?: A systematic review of studies testing the relation between components of executive functions and different forms of resilience (P. Mecha, M. Rodríguez, & A. Sánchez-López) (P)

Emotion Regulation and Parental Burnout: A systematic review and meta-analysis (T. Brandão, E. Diniz, M. Basto-Pereira, & A. Babore) (P)

Room 3A

Free communications (Portuguese)

Trauma-focused psychological intervention programs for children and adolescents who have experienced domestic violence: A systematic review about efficacy and effectiveness (V. Alves, M. Matos, & M. Gonçalves) (P)

Narrative Exposure Therapy for firefighter with post-traumatic stress disorder: a case report (M. L. L. Pinto, A. Köbach, & F. Serpolini) (P)

Prematuridade e Trauma (L. Brito, A. L. Barata, & J. Maximiano) (O)

The impact of early life stress on the development of adult depression and anxiety: the role of emotion regulation, coping strategies and personality traits (C. G. Coelho, J. Leite, P. Machado, A. Ramalho, & S. Carvalho) (O)

Mothers' childbirth-related posttraumatic stress symptoms: The protective role of informal and formal support (A. Beato, S. Alves, S. Albuquerque, & B. K. Akik) (O)

Room 3C

Free communications

Anxiety, Depression, and Social Media (S. Biglbauer, & A. L. Korajlija) (P)

Does Dr. Google know more than my gynecologist - cyberchondria during pregnancy (M. Šoštarić, N. Jokić-Begić, A. L. Korajlija, & T. Jurin) (P)

Students' self-efficacy and test anxiety: A mixed methods evaluation of self-efficacy's adaptive role in navigating test anxiety (D. McIlroy, V. C. Machado, & V. Todd) (P)

Contributing and inhibiting factors of healing from trauma from the perspective of women who received inpatient treatment for severe trauma-related symptoms including eating disorders (N. HaCohen, S. Trommer, I. Shlomi-Polachek) (O)

Trait Anxiety, Self-Compassion, and Complicated Grief: Examining the Distinct Role of Perceived Social Support (E. Sarper, & D. L. Rodrigues) (O)

Stress mindset is associated with COVID-19 acute stress symptoms one year into the pandemic (S. E. Williams, & A. T. Ginty) (P)

10.30-11.30

Auditorium:

Keynote Speaker 2: Alvin Lai Oon Ng

"Flood trauma and recovery: Systemic lessons from flood-prone Malaysia"

11.30-12.00

Coffee-Break (near auditorium)

12.00-13.30

Auditorium:

Symposium "Cardiovascular responses to acute psychological stress: research across the field" (A. T. Ginty)

Communications:

Type D personality exacerbates the impact of social factors on cardiovascular stress reactivity and habituation (B. M. Hughes, & E. Higgins) (O)

Heart rate reactivity to acute psychological stress is associated with academic performance across multiple domains (A. T. Ginty, D. A. Young, & S. E. Williams) (P)

Religiosity, spirituality, and cardiovascular responses to acute psychological stress (A. Dempsey, S. Howard, & S. Gallagher) (P)

Psychological flexibility and cardiovascular stress-response adaptation to recurrent stress demands (S. Howard, & S. Gallagher) (P)

Perceptions of physiological arousal, not actual heart rate reactivity, mediates the relationship between stress mindset and stressor-evoked anxiety (S. E. Williams, & A. T. Ginty) (P)

Room 3E:

Symposium "Interpersonal Trauma: The Complex Pathways Involved in its Detrimental and Transmissible Effects" (Y. Lahav)

Communications:

The Holocaust Experience and its Role in the Association between Meaning in life, Depressive Symptoms and Life Satisfaction (R. Maytles, L. Greenblatt-Kimron, Y. Hajos, S. Avidor, & Y. Palgi) (P)

The mediating role of secondary traumatization in the relationship between posttraumatic stress disorder in Holocaust survivors and event centrality in subsequent generations (L. Greenblatt-Kimron, A. Shrira, T. Rubinstein, & Y. Palgi) (P)

The Intergenerational Transmission of the Trauma of the Holocaust: Does Insecure Anxious Attachment Style Play a Role in Coping During the Coronavirus Pandemic among Offspring of Holocaust Survivors? (S. Avidor, A. Davidovitch, & T. Meizan) (P)

Identification with the Aggressor and Distress in light of Intimate Partner Violence (Y. Lahav) (P)

Escaping from poverty as a source of stress - the relationships of reactance against the restriction of freedom due to financial status and making a spending-oriented economic decision (D. Drażkowski) (P)

Room 3A:

Free communications

Resource Management for Adolescents: Conception and Evaluation of a Conservation of Resources-Training (P. Buchwald, & P. Begic) (P)

Assessing stress responding and recovery during high-fidelity training in pre-hospital emergency medicine (M. A. Wetherell) (P)

Evaluating a digital mindfulness-based psychoeducation program among cancer survivors: A preliminary analysis (P. Klainin-Yobas, K. Hounsri, W. J. Chng, N. K. E. Ang, & Y-S. S. Goh) (P)

How teacher and classmate support relate to students' stress and academic achievement (F. Hoferichter, S. Kulakow, & D. Raufelder) (P)

Well-being and stress management increases through an online intervention with University students pursuing a teaching career (F. Hoferichter, J. Lojilahti, & A. Jentsch) (P)

A randomized controlled trial to evaluate a digital mindfulness-based psychoeducation program among cancer survivors: A preliminary analysis (P. Klainin-Yobas, K. Hounsri, W. J. Chng, N. K. E. Ang, & Y-S. S. Goh) (P)

Room 3C:

Free communications

Work-family conflict, coparenting and father involvement among dual-earner couples (E. Diniz, D. D'Orsi, & T. Brandão) (P)

Does attachment style moderate crossover of stress and burnout in married couples? (L. Oren, & S. Lipsker-Orgad) (P)

A Scoping Review of Collegiate Student's Stress during COVID-19 (C. H. Weppner, Y. Tian, C. J. McCarthy, F. Di Rienzo, T. Miller, S. DiDonato, & J. Lynch) (P)

The different shames of burnout: A scale development and validation study (A. I. Ferreira) (P)

Principals' Experiences of Stress and Coping within COVID-19 (M. Blaydes, J. Kudlats, F. Di Rienzo, C. McCarthy, & C. Weppner) (P)

Psychological Distress and Barriers to Utilization of Mental-Health Services Among Collectivistic Minorities: The Case of the Bedouin Arab Community in Israel (S. Abu-Kaf, O. Braun-Lewensohn, D. Matzri, & O. Nakash) (P)

13.30-14.30

Lunch

14.30-15.30

Auditorium:

National Representative Meeting

15.30-16.30

Auditorium:

Keynote Speaker 3: Alvaro Sanchez Lopez

"New cognitive-affective trainings to promote adaptive emotion regulation and stress resilience"

16.30-18.00

Auditorium:

Symposium "Effects of the Russian-Ukraine War: Role of Resilience, Mastery and Self-Efficacy in Dealing with Threat and Distress" (E. Greenglass)

Communications:

National resilience, disability and distress during the Russian-Ukrainian War (R. Goodwin, T. Kang, M. Ben-Ezra, Y. Hamama-Raz, & E. Leshem) (P)

Influence of Sense of Danger due to the Russian-Ukrainian War, and Sense of National and Personal Mastery on Psychological Well-Being in a Polish Sample: Prospective analyses (K. Kaniasty, M. Baran, B. Urbańska, M. Boczowska, & K. Hamer) (O)

Watching the War in Ukraine and Psychological Factors: Comparisons between Europe and North America (E. Greenglass, P. Begic, T. Hintsu, K. Kaniasty, P. Karkkola, & I. P. Šolcová) (P)

Room 3A:

Free communications (online)

Ethnic Identity as an Explanatory Factor of Emotional Distress Symptoms: Validation of the Ethnic Identity Scale – Arabic version (EIS-Ar) (D. Matzri, S. Abu-Kaf, F. Abu-Rass, & O. Braun-Lewensohn) (O)

Ethnic Identity & Barriers to using Mental Health Services among Arab-Bedouin Women coping with Emotional distress (D. Matzri, S. Abu-Kaf, F. Abu-Rass, & O. Braun-Lewensohn) (O)

Dark Chocolate Consumption and Well-Being: A Prospective Study Among Nurses (S. A. Bughi-Capecci, & S. Bughi) (O)

The Mediating Role of Emotional Distress in the Relationship Between Differentiation of Self and the Risk of Eating Disorders (O. Peleg, M. Boniel-Nissim, & O. Tzischinsky) (O)

Modeling Linkages Between Self-Efficacy, Normalization, and Well-Being Factors Among Israeli Mothers of Children with Neurodevelopmental Disorders (L. Hamama) (O)

The intrapersonal and interpersonal processes of fear of recurrence among cervical cancer survivors: A qualitative study (Y. Hamama-Raz, S. Shinan-Altman, & I. Levkovich) (O)

Room 3C:

Free communications

The impact of hybrid comprehensive telerehabilitation on anxiety in heart failure – the TELEREH-HF Randomized Clinical Trial (A. Mierzynska, I. Jaworska, R. Piotrowicz, I., Kowalik, M. Pencina, G. Opolski, W. Zareba, M. Banach, P. Orzechowski, R. Głowczyńska, D. Szalewska, S. Pluta, Z. Kalarus, R. Irzmański, & E. Piotrowicz) (O)

Depression and suicidal ideation in students after social lockdown due to COVID-19 (R. Rodríguez-Alcántara, B. E. Barcelata-Eguiarte, & M. E. Márquez-Caraveo) (O)

Partner-related factors associated with mothers' postpartum posttraumatic stress symptoms: What matters most and how? (S. Alves, S. Albuquerque, & A. Beato) (O)

Psychometric properties of the European Portuguese version of the modified perinatal PTSD questionnaire (PPQ-II) (S. Alves, M- Claro, & A. Beato) (O)

Daily associations between meaning-making and meaning made in cancer patient-caregiver dyads: interaction and mediating effects (A. Kroemeke, & M. Sobczyk-Kruszelnicka) (O)

Understanding college students' knowledge of services and support seeking behaviors according to race, ethnicity, and citizenship in the US (H. Edelblute, Z. Baba, R. Rich, & W. Katirai) (P)

July 21st

9.00-12.00

Registration (near auditorium)

9.30-11.00

Auditorium

Symposium "Psychology of Health and Well-being applied to Tourism" (S.N. Jesus)

Communications:

Wellness Tourism: a bibliometric analysis approach (P. Martins, S. N. Jesus, M. Pocinho, & P. Pinto) (P)

An overview of mindfulness theories applied to tourism: systematic review update and bibliometric analysis (V. Iacob, S. N. Jesus, & C. Carmo) (P)

The role of motivations in the promotion of well-being and happiness: An exploratory study (E. Câmara, S. N. Jesus, M. Pocinho, & D. Agapito) (P)

Tourism's Wellbeing Indicators in Madeira Island - Nature vs Gastronomy: and informal comparison (S. Garcês, M. Pocinho, & S. N. Jesus) (O)

Room 3A:

Free communications

Dissociative amnesia – a stress- and trauma-based psychiatric disease (A. Staniloiu, & H. J. Markowitsch) (O)

The 'Two-hit hypothesis' of stress-related dissociative amnesia (H. J. Markowitsch, & A. Staniloiu) (P)

School Leadership as a predictor of teacher stress during and coming out of COVID-19 (R. G. Lambert, C. McCarthy, T. Tian, J. Kudrats, H. Huang, T. Miller, & F. Di Rienzo) (P)

The Experience in School after the Loss of a Parent: Children, Adolescents and Young Adults (O. Peleg, E. Hadar, & R. Shalev) (O)

The Differences in Social Anxiety Levels Between Syrian Young Adult Refugees and Turkish Young Adults (K. Efendioğlu, N. C. Özgül, & M. Genç) (O)

Experiences and perceived Post Traumatic Growth in childhood cancer survivors and their siblings (M. C. Santos, J. Torrado, T. Canavarro, M. J. Moura, & M. Varela) (P)

Room 3C:

Free communications

The Relationship Between Sociopolitical Stress and Intimate Partner Violence Among Palestinians in Israel: Examining Cognitive Appraisals and Psychological Distress as Serial Mediators (H. F. Zedan, & M. M. Haj-Yahia) (P)

The Relationship Between National Racism and Child Abuse Among Palestinians in Israel: The Moderating Role of Coping Strategies (H. F. Zedan, & M. M. Haj-Yahia) (P)

Health-Related Quality of Life and Mental Distress in Cortisol Responders vs. Non-Responders to Psychosocial Stress in Patients after Acute Coronary Syndromes (J. Gecaite-Stonciene, H. M. Brian, N. Kazukauskienė, J. Burkauskas, & N- Mickuviene) (P)

The relationship of being permanently online, emotions and parental stress of mothers. The role of educational training (A. Blachnio, A. Przepiórka, O. Gorbaniuk, P. Kot, M. Chmielik, & M. Sobol) (P)

Sources of stress and anxiety symptoms in university students during the pandemic (S. Smojver-Ažić, I. Živčić-Bećirević, & T. Martinac Dorčić) (P)

Extrinsic emotion regulation choice: The role of depression symptoms (A. Massarwe, & N. Cohen) (P)

11.00-11.30

Coffee-break (near auditorium)

11.30-12.00

Auditorium:

Presentation of the "Journal of the STAR Society, J-STAR" (P)

12.00-12.30

Auditorium:

Presentation of "Reach of the STARs" (P)	
	12.30-13.00
Auditorium: Closing ceremony (P)	
	13.00-14.00
Lunch	

E-Posters

(passed in sequence of 20 seconds each)

Room 3B:

<p>-“Action crisis and personal goals in post-trauma rehabilitation process – a pilot study” (N. Sabolová, M. Hricová, A. Mierzyńska, K. Piotrowicz, E. Eisenstein, & L. Bacharova);</p> <p>-“The Moderating Role of Subjective Nearness to Death in The Relationship Between Posttraumatic Stress Symptoms and Future Time Perspective Among Middle-life and Old Adults” (L. Ring, & Y. Palgi)</p> <p>-“Understanding the Role of the Coach-Athlete Relationship in Promoting Thriving in Gymnastics: An Autoethnography” (L. J. Cleave, D. J. Brown, F. Cavallerio, & C. R. D. Wagstaff)</p> <p>-“Impact of post-COVID conditions on mental health: A qualitative study” (A. L. Korajlija, N. Jokic-Begic, T. Jurin, M. Sostaric, D. Begic, & S. Krasic)</p> <p>-“Living with Stigma and Discrimination during COVID-19 pandemic: The association with contamination/quarantine, stress, anxiety, and cognitive-emotional regulation strategies” (M. J. Soares, A. P. Amaral, S. C. Bos, A. T. Pereira, J. Azevedo, A. I. Araújo, D. Pereira, N. Madeira, & A. Macedo)</p> <p>-“Fear of SARS-CoV-2 Infection and its Association with Anxiety Symptoms in Portuguese University Students: The mediation role of Stress and Sleep Difficulties” (M. J. Soares, J. Azevedo, A. T. Pereira, S. Bos, A. P. Amaral, D. Pereira, A. I. Araújo, & A. Macedo)</p> <p>-“Cyberchondria and its instruments – a review” (F. P. Fonseca, J. Marôco, & F. Pimenta)</p> <p>-“The mediator role of experiential avoidance in the relationship between mental health symptoms and severity indicators of self-harm among adolescent psychiatric patients” (M. Reinhardt, & Z. Horváth)</p> <p>-“Anxiously or avoidantly in love and under stress – how will I treat you? A dyadic diary study” (J. Mehulić, & Ž. Kamenov);</p> <p>-“Coping Profile Differences on High-School and Collegiate Academic Achievement: A Person-centered Approach” (C. A. Helsper);</p> <p>-“The 5Cs of positive youth development and healthy lifestyles in a sample of Spanish emerging adults” (A. D. M. Barrado, M. M. Parralo, R. Mendonza-Berjano, & D. Gomez-Baya)</p> <p>-“Differences by demographic and socioeconomic variables in positive youth development in Spanish undergraduates” (M. M. Parralo, A. D. M. Barrado, R. Mendonza-Berjano, & D. Gomez-Baya)</p> <p>-“Self-acceptance as a preventive resource in German social work students living with their parents” (A. D. Schwanzer, R. G. Lambert, & A. Ullrich);</p> <p>-“Harmful sisu mediates the relationship between stress and the tendency to drop out of studies among university students” (P. Henttonen, D. Hoferichter, & I. Määttänen)</p>

- “Women Friendly: The effectiveness of a woman-centered childbirth intervention” (R. Haim-Dahan, R. Bachner-Melman, & H. Lev-Ran);
- “What forms of adversity do the lay public classify as traumatic? Exploring consensus and dissensus in lay representations of trauma” (C. O’Conner, & H. Joffe);
- “COVID-19 Lockdown: Experience, Perception, and Coping” (B. Shapira-Youngster, S. Amram-Vaknin, & Y. Lipshits-Brazil);
- “The role of teachers in cyberbullying through emotion regulation and social support to foster resilient factors” (P. Ferreira, A. M. V. Simão, A. I. Ferreira, N. Pereira, M. Gomes, & I. Almeida);
- “Managing diversity from the employers' perspective as a resource for integrating women from minority groups” (T. Kalagy, L. Dukhan, S. Abu-Kaf, & O. Braun-Lewensohn);
- “The Brief COPE: Measurement invariance and psychometric properties among community and at-risk Portuguese parents” (C. Nunes, J. Pérez-Padilla, C. Martins, P. Pechorro, L. Ayala-Nunes, & L. I. Ferreira);
- “What factors explain anger and mental health during the COVID-19 pandemic? The case of Israeli society” (O. Braun-Lewensohn, S. Abu-Kaf, & T. Kalagy);
- “Psychological Functioning During the COVID-19 Lockdowns: A Three-Wave Longitudinal Study” (Y. Lipshits-Brazil, S. Amram-Vaknin, & M. Tatar);
- “ Mindfulness and Perfectionism Related Distress: The Mediating Role of Motivation” (J. Antunes, C. Carmo, & M. Brás);
- “Anxiety and Emotion Regulation Difficulties among Young Adults with Self-Harming Behavior” (M. Brás, J. Antunes, & C. Carmo);
- “Progressive Muscle Relaxation in people with alcohol dependence” (T. M. G. Peralta, R. Zacarias, & R. Lopes);
- “Mindfulness: intervention program for people with alcohol dependence” (R. Costa, N. Rosa, & R. Lopes);
- “Effect of head-down-tilt (HDT) as gravitational stress measured by the vegetative tone (Kerdo index)” (K. Sipos, S. Szabo, P. Dunai, & M. Bodo);
- “The promotion of well-being and happiness as coping strategies in tourism: An exploratory study” (E. Câmara, S. N. Jesus, M. Pocinho, & D. Agapito);
- “Anxiety and Perceived Cognitive Functioning in cancer survivors: An exploratory correlation study” (A. Torres, J. Costa, R. Lourenço, S. Santos, P. Carvalho, D. Esteves, & M. Loureiro);
- “Self-evaluative salience of physical appearance as a common factor for social anxiety and eating disorders” (B. E. Jiménez-Cruz);
- “A Trauma-Focused CBT for Victims of Domestic Violence Living in Shelters: A Protocol for a Randomized Controlled Pilot Trial” (A. Cunha, M. Gonçalves, & M. Matos);
- “The association between minority stress and psychological distress: The moderator role of self-compassion” (I. C. Ipekçi, & A. Altan-Atalay);
- “Growth out of a crisis: characteristics of a family climate that help one parent's long-term coping, due to a life threatening disease of the other parent” (A. Dor);
- “Does gender influence the anxiety levels of pre-trial detainees?” (J. Andrade, R. A. Gonçalves, & A. C. Rodrigues);
- “Stress, Trauma, Anxiety and Resilience: Discrimination, Depression and Anxiety in the Islamic Community in Portugal” (J. S. Ferreira);
- “Parental Stress, Prematurity and the NICU” (L. Brito, & T. Tomé);

- “Coping Adaptativo e Qualidade de Vida em doentes com VIH/SIDA” (M. T. G. Silva, M. J. S. Loureiro, & D. J. C. Ferreira);
- “Relationship between microaggression and perceived stress in people belonging to sexual minorities” (R. A. Gomes, M. J. Loureiro, P. S. L. S. Carvalho, & J. M. R. Gama);
- “Anxiety, depression and suicidal ideation in young-adult women victims of dating violence” (G. C. Viana, C. Carmo, & M. Brás);
- “Domestic violence and post-traumatic stress disorder: a case report” (C. P. Desport; M. Pinho; & L. C. Castro);
- “Factors fostering resilience and post-traumatic growth during the Covid-19 pandemic: A systematic review” (T. Sayed);
- “Genetic vs enviromental factors in time perspective: A twin study” (A. Przepiorka, M. Sobol, O. Gorbaniuk, & G. Alessandri);
- “Comparison between an in-person and a synchronous online mindfulness-based intervention: a quasi-experimental study” (R. Chiodelli, S.N. Jesus, L. T. N. Mello, I. Andretta, & T. Russell);
- “ Cyberbullying e empatia numa amostra de jovens portugueses” (B. Lucas, M. J. Gouveia, & I. Patrão);
- “The search for well-being of university professors: is this possible?” (J. V. A. Silva, & S. N. Jesus);
- “Difference and influential analysis of irrational beliefs and competitive anxiety among Hungarian athletes” (L. Toth, M. J. Turner, T. Kökény, & R. Tóth)”
- “Child’s well-being and mother’s life satisfaction: Examining the role of mother’s social support in a two-wave multi-source study (M. T. Vujčić; A. B. Žganec; M. Džida)”;